

The Insight

in sight ~ (n) an instance of

apprehending the true nature of a thing, esp. through intuitive understanding

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Are you aware?

April is Sexual Assault Awareness Month

by Laura
Victim Advocate

A Little History...

Are you aware that the first *Take Back the Night* Event in the United States happened in the 1970's? Through the years awareness of sexual assault has grown from random events, to a one-week observance, to an entire month devoted to the awareness of a life-altering event suffered by millions of Americans. The first nationally observed Sexual Assault Awareness Month was in April of 2001. Since that time, sexual assault programs across the nation have donned their teal ribbons and diligently planned events. But, they alone cannot be responsible for awareness. They alone cannot stop the horrific crime of sexual assault. So, each person needs to ask themselves, "What can I do to help?" "How aware am I?"

What is sexual assault?

Sexual Assault is forced, manipulated or coerced sexual contact. It includes rape, child sexual abuse, same-sex assault, acquaintance rape, harassment and marital rape. The perpetrator uses sex to inflict physical and emotional violence and humiliation on the victim, or to exert power and control over the victim. Are you aware that **85-90% of sexual assaults are committed by someone the victim knows?**

Are you aware?

How aware are you of registered sexual predators? Locating a registered sex offender in your area is easy. Look on the Nebraska State Patrol website (www.nsp.state.ne.us) to find sexual predators in your neighborhood. According to the Nebraska State Patrol web site, there are 31 **registered**, level 3, sex offenders in the 7 counties served by Hope Crisis Center. However, keep in mind most offenders are not identified by the criminal justice system and therefore will not ever be registered as a sex offender.

Are you aware that the Community Educators for Hope Crisis Center do age appropriate presentations for children and adults on sexual abuse? In 2007, 145 presentations on sexual abuse were given to adult groups, Head Start Programs, elementary, middle and high schools. These presentations educated 2,967 individuals.

If you or someone you know has been sexually assaulted, Hope Crisis Center can help. We provide a 24-hour, confidential crisis line, safe temporary shelter, emergency assistance, one-on-one advocacy/support, legal advocacy, bi-lingual advocacy, information and referrals to victims of domestic violence/sexual assault.

DID YOU KNOW?

CHILDREN RARELY LIE ABOUT SEXUAL ABUSE. THEY MAY TRY TO SAY IT DIDN'T HAPPEN, DUE TO FEAR OF RETALIATION OR FEELINGS OF GUILT.

HOW MUCH DO YOU KNOW ABOUT CHILD SEXUAL ASSAULT?

FOR MORE INFORMATION CONTACT HOPE CRISIS CENTER.

Fourth Quarter Donors 2007

The key to success for any agency is the support of the community. Support from community members takes on many forms. One form that is vital to the continued success of Hope Crisis Center in serving victims of domestic violence/sexual assault is financial. The following individuals, organizations, and businesses showed their monetary support of Hope Crisis Center during October, November and

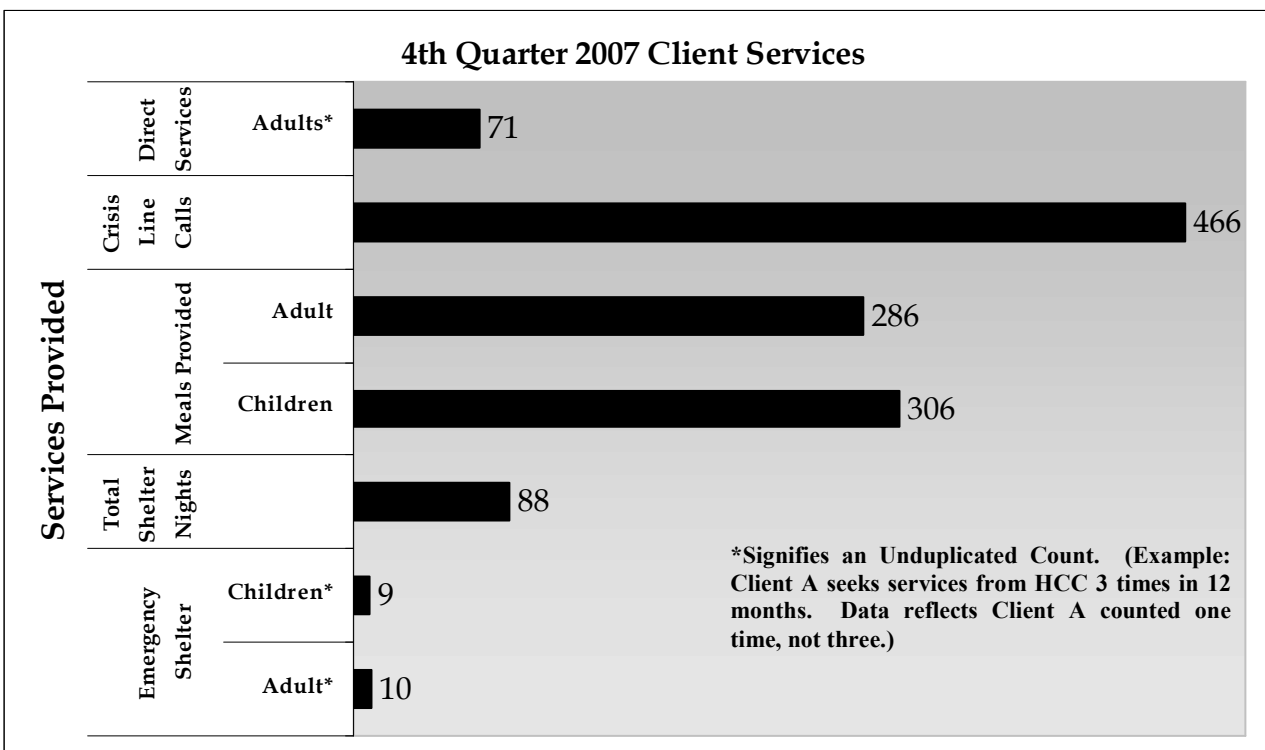
December of 2007:



- | | |
|--------------------------------------|----------------------------|
| Kurt & Tammy Ruhnke | Bruce Rice & David Salonia |
| Gary & Penni Mitchell | Ray Zeisset |
| Richard & Deb Hellbusch | Bruce & Janice Churchill |
| Marvin & Eleanor Seggerman | William & Gloria Ficke |
| Women of ELCA – St. John’s, Beatrice | Gail & Sylvia Cross |
| American Lutheran Church, Fairbury | Dick & Sheri Hinman |
| Central Elementary | Elaine Davenport |
| Jefferson Intermediate School | |
| York Medical Clinic | |
| Midwest Bank – York Branch | |
| Fairbury Clinic | |

In addition to monetary donations, several generous individuals and organizations donated items necessary to the clients we serve. We apologize if we have inadvertently missed listing you as a contributor. Every contribution is appreciated by the staff and clients of Hope Crisis Center.

Client numbers– 4th Quarter 2007 (October, November, December)



Put Your Foot Down Against Sexual Assault

4th Annual 10K Run/ 2 mile Run/Walk

DATE: 04/26/2008

TIME: 8:30 AM

PRE-REGISTER BY: 04/04/2008

ENTRY FEE:

- \$20.00 for all entries.
- Price includes materials and T-shirt (Guaranteed only if pre-registered)
- Registration form and entry fee needed for each participant

Starting Location: Fairbury City Park

***If you would like a map of the race, please call 402-729-2570 or e-mail: chinman@hopecrisiscenter.org**

For more information or to register call:

CARMEN HINMAN: (402) 729-2570



**Runners/Walkers of all ages welcome!
Put a leash on your dog, put your children in a stroller and come join us for an event that will help bring awareness to an act that affects children, teens, adults, families and our communities.**

Sponsored by:



**BOB & WAUNETA BURKLEY
WELLNESS CENTER**

**TO ENSURE REGISTRATION,
MAIL FORM AND \$20.00
ENTRY FEE TO:**

Hope Crisis Center
PO Box 365
425 F Street
Fairbury, NE 68352

Phone: (402) 729-2570
Fax: (402) 729-2572
E-mail: chinman@hopecrisiscenter.org

Name _____

Address _____

Phone _____

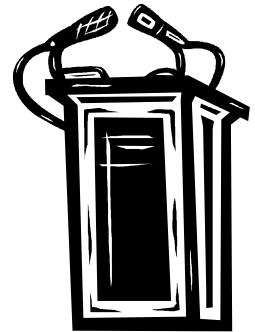
T-shirt Size: _____

It is clear to me that the Hope Crisis Center, Bob & Wauneta Burkley Wellness Center, any race volunteers or sponsors of the event, or the city of Fairbury will not be held responsible or accountable for any accidents or injuries that may occur. I declare that I will not pursue any litigation against the above mentioned. I declare myself physically fit for this event. I release any rights to all photo and video taken during the event and agree to any publications. I hereby certify that I take part in this event at my own risk and that I am insured against accident or injury. I hereby certify with my signature that I have read and understand this agreement.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

FREE



Educational Presentations/Trainings

Does your group/organization/school have 30 minutes or more to spare? Would you like to know more about how domestic violence or sexual assault affects you and your community?

Then, the answer is simple....**call Hope Crisis Center** to find out how to book a presentation or plan a training.

In Fillmore, Seward, Thayer & York Counties: (402)362-4724

In Gage, Jefferson & Saline Counties: (402) 729-2570

Topics: Domestic Violence, Sexual Assault, Bullying, Dating Violence, Internet Safety, Child Sexual Abuse, and **many** more.

Presentations are available for all ages and can be tailored to fit your individual needs. **What are you waiting for?**

CALL TODAY!

A New Face at Hope Crisis Center

Elvira

In November, Elvira joined the Hope Crisis Center Team as the new Bi-lingual Victim Advocate for Saline County. She comes to Hope Crisis Center with experience working with the community as the Family Educator for Blue Valley Community Action Early Head Start in Saline County. In her previous position she specialized in educating parents of children ages 0-3, in addition to expectant mothers. Elvira is located in the Crete Outreach Office.



Client Needs

It is not the sole responsibility of Hope Crisis Center to make victim's lives safe. It is the responsibility of every community member to make victims' safety a goal. We have to work together to achieve a violence free community.

In order to help us better serve victims and children of domestic violence and sexual violence, we have included a list of needed items below. Your support and contributions are desperately needed and appreciated more than words can *ever* express.

Hope Crisis Center's Wish List

Monetary donations	Pillows
Phone cards	Blankets
Trash Bags	Diapers/Pull-Ups
Paper plates	Deodorant
Gas cards (Casey's cards)	Kleenex
Shampoo/Conditioner	Toothpaste
Plastic silverware	Wal-mart gift cards
Toilet tissue	Paper towels

**If you or your organization would like to donate or volunteer,
please contact our Administrative Office at 402-729-2570.**

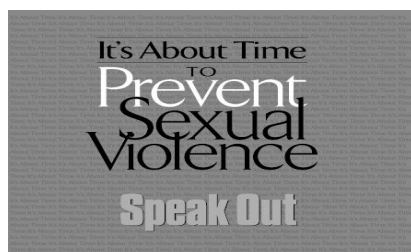
Hope Crisis Center Newsletter

Hope Crisis Center
PO Box 365
425 F Street
Fairbury, NE 68352

Phone: (402) 729-2570

Fax: (402) 729-2572

E-mail: chinman@hopecrisiscenter.org



Administrative Office

PO Box 365
Fairbury NE 68352
(402) 729-2570

Beatrice Outreach Office

(402) 223-6635

Crete Outreach Office

(402) 826-5727

York Outreach Office

(402) 362-4724

Toll Free Confidential Crisis Line

1-877-388-HOPE (4673)

Board of Directors

Heather Lambert, Crete

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Jeremy Christiansen, Fairbury

Vice-President

Sylvia Cross, Fairbury

Secretary

Sally Tyma, Crete

Member

Jodie Fangmeier, Hebron

Member

*If you would be interested in serving on Hope Crisis Center's Board of Directors, please contact Carmen at the Administrative Office (402) 729-2570.

Staff

Carmen – Executive Director

Stacey – Program Manager

Cari – Victim Advocate, Gage, Jefferson and Thayer Counties

Elvira – Bi-lingual Victim Advocate, Saline County

Laura – Victim Advocate, Fillmore, Seward and York Counties

Melissa – Community Educator

Trudy – Community Educator